

MINUTES OF THE SENIOR CITIZEN ADVISORY COMMITTEE

Date: October 10, 2005 ~ Location: Senior Center, 270 Scott Street, Paso Robles

CALL MEETING TO ORDER

- Vice-Chairperson Stemper-Brown called the meeting to order at 1:38 p.m.

PLEDGE OF ALLEGIANCE

- Member Gruner led the Pledge of Allegiance.

ROLL CALL

Members present: Reneé Clark, Robert Fonarow, Richard Gruner, Dale Gustin, Grace Myers, Jan Stemper-Brown,
Absent: Edna DeBardelaben, Jack Sloan and Helen Dutra
City staff present: Lynda Holt, Charlotte Gorton and Judy O'Neal
Absent: Ann Robb
City Council rep absent: Fred Strong
Guests: Alisa Stine and John Heiser of Villa Paseo Palms

PUBLIC COMMENTS

1. Alisa Stine and John Heiser of Villa Paseo Palms senior housing on Ramada Drive between Paso Robles and Templeton, discussed problems they are having due to the lack of transportation for the senior citizens that live in their 110 units.
 - It was suggested they meet with Ride-On and let them know their transportation needs. Contact Mark Shaffer who might be happy to help her. You may also contact Pete Johnston who has a shuttle van.
 - Members invited Stine and Heiser of Villa Paseo Palms back at the November 14, 1:30 p.m. Senior Citizen Advisory Committee to report the response they received from the community and from Ride-On.
 - Lynda Holt, Recreation Coordinator – Senior Citizens, advised Twin Cities Hospital Administration office called the Senior Center asking for help to transport patients who have had surgery and released from the hospital to go home, but do not have a ride home.

PRESENTATIONS

- Holt was given permission by Helen Dutra to inform the Advisory Committee that she was diagnosed with colon cancer. She is seeing a specialist and will probably have surgery and treatment. Lynda is taking flowers to Helen today after the meeting. Helen wants to remain active on as Chairperson of the Senior Advisory Committee but not on the Ad Hoc Committee. She would like Grace to take her position on the Fundraising Ad Hoc Committee.

CONSENT AGENDA

1. A motion was made by Member Fonarow, seconded by Myers, to approve the Minutes of the September 12, 2005 meeting - motion passed.

NEW BUSINESS

2. **City-Wide Fee Study**

- Charlotte Gorton, Recreation Services Manager, distributed Appendix 3 – Page 9 of 19 of the Cost of Services Study of the City Facility Rentals to discuss the new rental fees of the senior center that the Library & Recreation Department will see now that the City Council has adopted the new Fee Study.
- When a person rents a city facility, such as the Senior Center, the public also pays for a staff person to open, close and be present during the activity.
- The public does not rent the Senior Center during normal hours of operation, Monday through Friday, 8 am to 5 pm, or during senior programs, which leaves a few evenings open and weekends.

3. **Senior Center Stage**

- All took a tour of the new stage which looks very nice. The rail has to be finished and installed as well as the steps on each end of the stage.

4. **Part-Time Clerical Assistant**

- Holt advised our new part-time Clerical Assistant has been hired, Cindy Duff. She has been volunteering for the senior center for some time so many of you may already know her. She helped out with the King Tut trip and enjoys working with the seniors.
- Ceola is working at the Recreation Department when she has free time in between going to college. If we need her help, she would be happy to help.

5. **LRS Trips & Volunteer Coordinator**

- Suzanne Ontiveros is now a full-time Volunteer Coordinator and now assists with trips and some events. Holt and Ontiveros both worked as a team and took two buses to the King Tut trip which was very successful.
- We will be working together to map out the 2006 trips and events.

OLD BUSINESS

6. **Health Fair Update**

- Holt explained we are gearing up for the October 15 Health Fair which offers dental, vision, health screening, Maxim will be giving flu shots by appointments, vendor booths, circuit training and much more. Senior Nutrition is providing the nutritional food for the event. This event is at Centennial Park from 8 am to 12 noon. Some of our sponsors fell through this year but we already have one lined up for 2006.

7. **Senior Activity Update**

- Holt has been working with Cuesta College to get Yoga for Seniors started and we have 26 participants at our first class on Monday – Wednesday – Friday between 3 and 4 pm. Starting in October going through November. This FREE - Yoga class taught by Matthew

Green teaches well-being through relaxation, stretching, deep-breathing and simple Yoga postures.

- Holt has also started another fun class with 16 at the first class held the third Friday/month at 10 am called Belly Laughs – very good exercise.
- November 1 there will be a presentation from Bill of Hi Cap on the Medicare Part D prescription to review your options at 1 pm, 2:30 pm and 4 pm.
- The Big Band Dance at Centennial Park had 89 in attendance which was almost full.

8. **Senior Endowment Monthly Report**

- Balance as of 9/27/05 \$336,437.23.
- Fiscal year end balance as of 6/30/05 \$338,353.40. Member Fonarow asked for a year-end report since he is the Chairman of the Fundraising Ad Hoc Committee for 2006.

GOALS & AD HOC COMMITTEE UPDATES

Fundraising

- Grace Myers agreed to take over for Helen Dutra and Dale Gustin will act as an alternate, if needed.
- After discussion and review of the Senior Endowment Fund, Chairman Fonarow advised the Committee consider setting a goal of \$35,000 to maintain the annual expenses and part time staffing.

Fundraising

- Chairman Sloan is out of the Country but Vice-Chairperson Stemper-Brown advised members met with Mike Compton and Ann Robb, Interim-Director of Library and Recreation Services.
- Some of the recommendations from this meeting were to put up a transportation booth at the Senior Health Fair on October 15 to solicit the Bus Buddy Program and to find out what seniors need and want in our community.

DIRECTOR'S REPORTS - Absent

DEPARTMENT UPDATE

Lynda Holt, Recreation Coordinator – Senior Citizens:

- Jim Burke of the Senior Nutrition Program needs three volunteer to deliver meals to home-bound seniors. If they do not find drivers soon, they may have to cut back on their meal service. Volunteers deliver between 75 and 80 meals on four different routes a day.
- Member Clark advised that the existing drivers have not complained about the high gas prices they have to pay to deliver the meals since this is a volunteer program.

Charlotte Gorton, Recreation Services Manager:

- Attended the Follow-the-River, Follow-the Dream charret three-day meetings on the Salinas River Corridor along with numerous city and local citizens.
- A new recreation program offered is Sundae in the City Park gazebo offering ice cream sundaes and listening to a live concert.
- Sherwood Park playground project is going out to bid with plans to be completed in 2006.

CITY COUNCIL COMMUNICATION- Absent

UNSCHEDULED MATTERS

- Gorton reminded everyone about the Advisory Body Summit on October 19, 2005 at 9 a.m. in the City Council Chambers to discuss a half cent sales tax initiative on the next ballot.

ADJOURNMENT

- A motion was made by Member Gustin, seconded by Gruner, to adjourn the meeting at 3:21 pm to next regular meeting on Monday, November 14, 2005, 1:30 p.m. at the Senior Center, 270 Scott Street, Paso Robles.

THESE MINUTES WERE APPROVED BY THE SENIOR ADVISORY COMMITTEE AT THEIR 11/14/05 MEETING

Respectfully submitted by Renee' Clark, Secretary

Senior Citizen Advisory Committee Minutes of 10/10/05